



December 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY 1st	FRIDAY 2nd
			(DF) Baked Ham Or Egg Salad Sandwich Scalloped Potatoes	Chicken Nachos Or Chicken Taco Steamed Corn
MONDAY 5th	TUESDAY 6th	WEDNESDAY 7th	THURSDAY 8th	FRIDAY 9th
Turkey Dogs Or Turkey, Carrot, and Cabbage wrap Broccoli- White Bean Soup	(DF) Rotini Pasta Marinara Or Turkey and Cheese Sub Roasted Zucchini	LBI French Bread Pizza Or Vegetables- Quinoa In Grilled Tortilla Spaghetti Squash	(DF) Chicken Gyro Or Vegetable Gyro Greek Salad	Grilled Cheese Or Cobb Wrap Tomato Basil Soup
MONDAY 12th	TUESDAY 13th	WEDNESDAY 14th	THURSDAY 15th	FRIDAY 16th
(DF) Barbequed Chicken Sandwich Or Vegetarian Split Pea Soup Green Beans	(DF) Chicken Cacciatori with Rotini Noodles Or Italian Sub Steamed Broccoli	(DF) Meatloaf Or Chicken Caesar Wrap Mashed Potatoes with Gravy	Chicken Pot Pie Or Ham- Cheese Sandwich Roasted Cauliflower	(DF) Sloppy Joes Or Turkey Hummus Pita Bulgur Parsley Salad

MONDAY 19th	TUESDAY 20th	WEDNESDAY 21st	THURSDAY 22nd	FRIDAY 23rd
(DF) Plevalean Burger	Macaroni and Cheese	(DF) Waffles	½ Day	Christmas Break Starts
Or	Or	And		
Turkey Corn Chowder	Chicken Noodle Soup	Scrambled Eggs		
Wild Rice Medley	Vegetable Du Jour	Turkey Sausage		
		Fresh Fruit		
Every Day	Every Day	Every Day	Every Day	Every Day
Milk, Fruit, Fresh Veggies, Grain or Bread	Milk, Fruit, Fresh Veggies, Grain or Bread	Milk, Fruit, Fresh Veggies, Grain or Bread	Milk, Fruit, Fresh Veggies, Grain or Bread	Milk, Fruit, Fresh Veggies, Grain or Bread

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